Welcome

The Clinical Breast Cancer Prevention Program at Columbia University is the prevention arm of the Herbert Irving Comprehensive Cancer Center’s Breast Program. The program offers patients the resources of a major academic facility and comprehensive treatment of all forms of breast disease in one location. Our goal is to provide coordinated care to high-risk women, including services such as screening with breast imaging, genetic testing, risk-reducing surgeries, chemoprevention (pills for breast cancer risk reduction), and counseling for lifestyle modification. We can facilitate a smooth and accessible care experience from the first clinic visit to follow-up consultations, and coordination of additional services either at Columbia or in the patient’s community.

Serving Women with a Variety of Breast Concerns

We can help if you:

- Have family members who were diagnosed with breast cancer, particularly at a young age (less than 50 years old)
- Want genetic counseling for you or a family member
- Have a history of benign breast biopsies, including high-risk breast lesions such as atypia or lobular carcinoma in situ
- Want to learn more about your own breast cancer risk and strategies to prevent the disease
- Seek support services for women at high risk for breast cancer
- Seek possible participation in clinical trials for breast cancer prevention
**Prevention Services**

**Breast Imaging:** Digital mammography, breast ultrasound and MRI are performed and interpreted by our breast radiology team. If needed, biopsies are performed using minimally invasive techniques either by palpation or under image guidance.

**Genetic Testing:** Our Cancer Genetics Program provides genetic counseling and testing for women with a family history of breast cancer. Patients receive a personalized profile of their cancer risk, outlining strategies that they can take to potentially reduce their risk of developing the disease.

**Risk-Reducing Surgeries:** High-risk women with a genetic predisposition for breast and ovarian cancer may consider risk-reducing surgeries such as mastectomies or removal of both ovaries. Our breast surgeons, plastic surgeons, and gynecologic oncologists offer the latest surgical techniques for the best clinical and cosmetic outcomes.

**Chemoprevention:** There are now a number of drugs approved by the FDA to lower the risk of developing breast cancer. Our clinical research team is also investigating novel agents, such as vitamin D, for breast cancer prevention. Patients can receive a comprehensive evaluation of potential risk-reducing strategies.

**Lifestyle Modification:** Certain lifestyle factors such as increased body weight, higher alcohol intake, and decreased physical activity can be modified to reduce breast cancer risk. Our research group is actively studying the effects of diet and exercise in breast cancer patients and high-risk women.

**Women at Risk:** Our affiliated Women at Risk (WAR) program has a distinguished track record in breast cancer research, education, and navigation services. In addition to a patient resource library, WAR runs a support group for women at high risk for breast cancer. A registry of high-risk women and breast cancer patients is maintained by our Breast Program for research purposes.
Contact:
To schedule a prevention consultation, please call
(212) 305-5098 for a breast specialist
(212) 305-6731 for genetic counseling

We are located at:
NewYork-Presbyterian Hospital/
Columbia University Medical Center
Herbert Irving Pavilion, 10th Floor
161 Fort Washington Avenue
New York, NY 10032

For more information:
Contact Dr. Katherine Crew, M.D., M.S.
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bcprevention@columbia.edu

To learn more online:
www.hiccc.columbia.edu
www.breastmd.org